



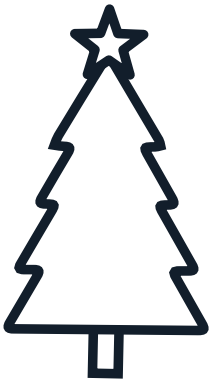
MONTHLY UPDATES

City of Boston's Age Strong Commission

DECEMBER 2024

Welcome to DECEMBER MONTHLY UPDATES, the monthly Age Strong Commission e-newsletter! At the beginning of each month, we email *Boston Seniority Magazine* and our new monthly "To-Do" Activities Calendar. Now, you'll also get important information for older Boston residents to age strong city-wide.

HOLIDAY TREE LIGHTING: DECEMBER 5



There are many tree lighting celebrations in Boston, including Boston Common & Charlesgate Park. Click here for more details

<https://www.boston.gov/news/parks-announces-2024-holiday-lightings>

MAYOR WU'S ENCHANTED TROLLEY TOUR: DECEMBER 7 & 8

For the 28th year, the Mayor's Enchanted Trolley Tour will continue the festive tradition of lighting holiday trees while bringing holiday spirit to children across Boston. The event is sponsored by Bank of America, and includes visits with Santa, tree lightings, and more. Find a list of neighborhoods & times here:

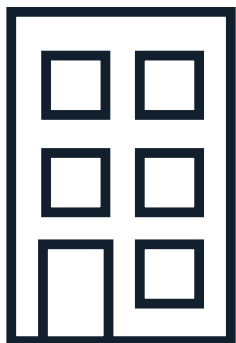
<https://www.boston.gov/departments/tourism-sports-and-entertainment/mayors-enchanted-trolley-tour>





DECEMBER UPDATES

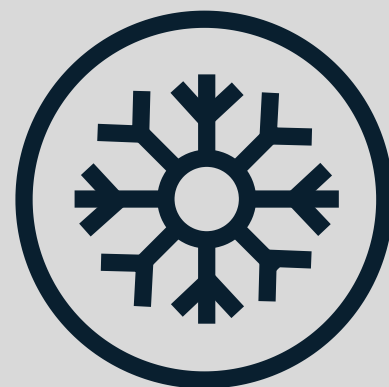
AGE STRONG HOUSING CLINIC DECEMBER 10



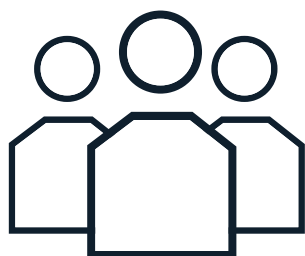
Age Strong & Mayor's Office of Housing Stability will host a housing clinic, December 10 at the Vine Street BCYF Community Center in Roxbury. Learn about tenants' rights, preventing eviction, and the housing search process. Sign up for an appointment by calling 617-635-4366.

JOIN AGE STRONG FOR THE AT&T HOLIDAY CONNECTIONS CELEBRATION!

On December 13, Age Strong hosts the AT&T Holiday Connections celebration at Boston City Hall (1 City Hall Square). Make free calls anywhere in the world, get tech support, have fun in the photo booth, enjoy vendors, refreshments & Santa! RSVP to Kim Crucioli by December 6 at 617-635-3959.



JOIN AGE STRONG'S NEW BOWLING LEAGUE!



Do you like to bowl? There's 40 spots available for the new Age Strong bowling league. It will meet for 8 weeks, starting January 9 at Boston Bowl in Dorchester. Call Kim Crucioli at 617-635-3959 to sign up by December 19.



DECEMBER UPDATES

FREE “HEALTHY RIDES” WITH LYFT



The City of Boston, in partnership with the Urban League of Eastern MA & Lyft have created the Holistic Health Access Initiative (HHAI) offering Boston’s older adults free “healthy rides” to wellness services like medical appointments, pharmacies, senior centers, fitness classes, social activities & support groups. Each older adult may enjoy up to 6 rides (while supplies last). Call the Age Strong Shuttle at 617-635-3000 to learn how or visit <https://www.boston.gov/departments/age-strong-commission/holistic-health-access-initiative>

IMPORTANT CHANGES TO HIP (HEALTHY INCENTIVES PROGRAM)

Starting in December, the household amount for HIP changes to \$20/month, regardless of household size, due to the state’s budget shortfall. For more information visit <https://www.boston.gov/news/healthy-incentives-program-hip-program-changes>



SHARE YOUR VOICE!



Age Strong wants to hear from Boston residents age 60+. We want to know what you need for city services, programs & resources. Fill out the survey by visiting https://www.boston.gov/departments/age-strong-commission#_024-needs-assessment

AGE STRONG IS HIRING!

Visit www.boston.gov/agestrong to see our current openings. Join our team doing important work helping Boston’s older adults.





IMPORTANT INFORMATION

AGE STRONG COMMISSION	617-635-4366
AGE STRONG SHUTTLE	617-635-3000
VERONICA B. SMITH SENIOR CENTER	617-635-6120
EAST BOSTON SENIOR CENTER	617-961-3131
ELECTION DEPARTMENT	617-635-8683
REPORT SCAMS/FRAUD - FTC	877-382-4357
MA ELDER PROTECTIVE SERVICES	800-922-2275
MBTA & THE RIDE	617-222-5123
MA EXECUTIVE OFFICE OF ELDER AFFAIRS	617-727-7750
DISABILITIES COMMISSION	617-635-3682
FOOD JUSTICE	617-635-3717
IMMIGRANT ADVANCEMENT	617-635-2980

AGE+



*City of Boston
Age Strong Commission*